

Intimae™ Nourish

Sexual Health + Mood Support

A revolutionary formula to lower stress and support sex drive

SUMMARY

Stress causes your adrenals to release too much cortisol, disrupting the sex hormones you need for a healthy libido. Adaptogenic Shatavari, Maca and Cordyceps blend beautifully to help the body adapt to stress, promote desire and boost your sex drive. To nourish your sexual energy from the inside out we sourced ingredients famed for increasing cellular energy production, increasing blood flow, reducing stress and supporting the mood + mind.

Intimae™ Nourish is a comprehensive product that represents a safe and natural approach to addressing the symptoms of stress and low libido, such as mood swings, desire, hot flashes, sleep issues, and low energy. Nourish encourages healthy sexual mood and enhances arousal with bioactive adaptogens known for restoring normal physiological function.

Causes and Symptoms of low libido:

- Lack of desire
- Vaginal dryness
- Stress and lack of sleep
- Anxiety and Depression
- Hormone fluctuations
- Medications

CLINICAL APPLICATIONS

- Increase energy and resistance to stress
- Healthy mood balance during menopause
- Sexual and emotional health support
- Sleeplessness and nervousness
- Immunomodulating properties + immune system support.

MEDICINAL INGREDIENTS	(PER CAPSULE)
Shatavari (Asparagus racemosus-root).....	110mg (5:1, 550mg)
Cordyceps (Ophiocordyceps sinensis-stroma).....	100mg (40% polysaccharides, 5:1, 500mg)
Maca (Lepidium Meyenii- root).....	80mg (10:1, 800mg)
Sea Buckthorn (Hippophae rhamnoides- fruit).....	50mg (10:1, 500mg)
Passionflower (Passiflora incarnata- herb top).....	35mg (5:1, 175mg)
Ginger (Zingiber officinale-rhizome).....	25mg (5:1, 125mg)

NON MEDICINAL INGREDIENTS
Magnesium stearate, maltodextrin, silicon dioxide, vegetable capsule.



Adult Dosage:

2 capsules twice per day.

Cautions

People sensitive to passionflower may experience drowsiness. Stop use if hypersensitivity/allergy occurs. Consult a health care practitioner prior to use if you are pregnant or breastfeeding, if you suffer from any psychological disorder or condition such as frequent anxiety or depression, if you are taking antidepressants or blood thinners, or if you have high blood pressure. Alcohol should be avoided. Consult your health care practitioner if sleeplessness persists for more than 4 weeks (chronic insomnia) or if symptoms persist or worsen.

Discussion

During perimenopause, menopause and even throughout the menstrual cycle, hormone fluctuations and stress can cause moodswings, hot flashes, vaginal dryness and a low libido. Intimae Nourish can encourage healthy sexual energy and balance mood. This non-stimulating blend contains ingredients traditionally used as aphrodisiacs and also includes adaptogens and herbs known for balancing hormones, supporting sexual energy, increasing circulation and reducing mental stress.